

Wisconsin Council on Problem Gambling 25TH ANNUAL CONFERENCE

"Hats Off to 25 Years Through Awareness, Education, and Prevention"

Online registration and payments are available

March 14-15, 2024
Pre-Conference March 13th

Milwaukee Marriott West W231n1600 Corporate Ct Waukesha, WI 53186

Earn up to 21.75 CEUs

Ethics Training
4 CEUs

Clinical Supervision Track 6 CEUs **Continuing Education Units:**

Participants can earn up to 21.75 CEUs with attendance to the Pre-Conference and Full Conference. We will be applying for CEU certifications through the Association for Addiction Professionals (NAADAC), Employee Assistance Certification Commission (EACC), International Gambling Counselor Certification Board (IGCCB), Wisconsin Association for Marriage and Family Therapy (WAMFT), and National

Association of Social Workers (NASW). All participants will receive a certificate of attendance within 6 weeks of the Conference.





Scholarships:

A limited number of scholarships are available, including the Susan Hengst Scholarship for recovering gamblers and the Richard Stanchfield Scholarship. The deadline for scholarship applications is February 15th, 2024, and they are available on our website.

Exhibitor Information:

Individuals and organizations wishing to give their organization additional visibility within the problem gambling field may register as exhibitors. The deadline for registration is February 15th, 2024. The cost for one table is \$175, which includes registration for one person to accompany your booth and take part in conference presentations and meals during the event. Exhibitor applications are available on our website.

Accommodations:

A limited number of rooms are available on a first-come/ first-serve basis. Deadline for room reservations is Wednesday, February 15th, 2024, to be eligible for the conference rate of \$124.00 (plus tax) per night. There is no guarantee if made after February 15th, 2024. To reserve your room, call the Milwaukee Marriott West at 877-651-7666 and refer to the WCPG Conference. All reservations must be guaranteed by credit card or advance deposit. The Milwaukee Marriott West is located at W231n1600 Corporate Court, Waukesha, WI 53186.

Registration Information:

Pre-Registration is required. If you plan to attend Ethics, you **MUST** check the Ethics box listed on the registration form to participate in the presentation. (limited seating)

A <u>\$25.00</u> administration fee will be charged for conference registration cancellations. Absolutely no cancellation refunds after February 15th, 2024. For additional brochures, directions, accommodation information, or any other additional information, please contact the WCPG.

**Please visit our website at
wi-problemgamblers.org
to view the biographies of our Presenters**

Wednesday, March 13, 2024

7:00am-3:30pm Registration Open

8:00am-12:00pm Ethics and Boundaries in a World of

Technology

9:00am-4:00pm How to Supervise Gambling Counselors for Improved Outcomes

12:30pm-4:30pm Assessing Suicide Risk and Treating Depression for Compulsive Gamblers

•Ethics and Boundaries in a World of Technology

Jeanne Wagner, MSW, LCSW, ACSW, Director of Social Work Field Education Programs/Clinical Professor, UW Milwaukee

The management of ethics, boundaries, and confidentiality in a world of constantly emerging technology and social media is especially challenging for human service professionals. This workshop will address the technology challenges encountered during the provision of human services. Strategies will be discussed utilizing current best practices from professional literature.

How to Supervise Gambling Counselors for Improved Outcomes

Jerry Bauerkemper, BS, CCGC, Problem Gambling Services Consultant - Iowa Problem Gambling - Iowa Problem Gambling Services, Galveston Island, Tx

The goal of this seminar is to help those supervising gambling counselors to look for and supervise the counselor who has a gambling patient. This includes issues relevant to recovery and some that may lead to early discharge. This will include timelines for recovery including but not limited to the stages of change. We will also cover several types of supervision and the purpose and goal of each type of supervision as it pertains to addiction and disordered gambling.

•Assessing Suicide Risk and Treating Depression for Compulsive Gamblers

Michael Goldman, MA, LPC, CRADC, PCGC, CEAP, SAP, Glenview, IL

In this seminar, suicide and depression among compulsive gamblers will be explored. Suicide among this demographic is the highest for any group. There will be a look at the risk and protective factors for suicide. There will be an overview of the prevalence rates and treatment strategies for people in this population.



Thursday, March 14, 2024

7:00am-4:00pm

8:00am

8:00am-9:15am

9:15am-9:30am

9:30am-10:45am

10:45am-11:00am

11:00am-12:15pm

12:15pm-1:00pm

1:00pm-2:30pm

2:30pm-2:45pm

2:45pm-4:00pm

4:15pm-5:15pm

6:00pm-9:00pm

Registration Open

Welcome

Keynote #1

Break

Workshops #1

Break

Workshops #2

Lunch

Keynote #2

Break

Workshops #3

Open GA & Gam-Anon Meetings

Awards Banquet

8:00am: Welcome

 Rose Blozinski, Executive Director of the Wisconsin Council on Problem Gambling

8:00am - 9:15am: Keynote

 What Kind of Gamblers are Presenting for Treatment: Comparing 1990 to 2024, and the Research that Drives Treatment Today

Jerry Bauerkemper, BS, CCGC, Problem Gambling Services Consultant - Iowa Problem Gambling - Iowa Problem Gambling Services, Galveston Island, Tx

This presentation will help to identify, note, and promote the changes in the disordered gambling field from the 1990s to the present. This will include some of the most noteworthy changes in the gambling field in the last 30 years as well as looking to the future and what changes are on the horizon for disordered gambling treatment.

9:30am - 10:45am: Workshops

- The Hidden Addiction, What That Really Means to Families: Gayle Bigsby & Pat Jirovetz
- The Link Between Problem Gambling and Trauma: Clinical Implications: Dr. Heather Chapman
- Spoken Into Existence: Effective and Engaging Youth Gambling Education: Saul Malek

11:00am - 12:15pm: Workshops

- Effectively Addressing Teen Gambling: Screening and Brief Intervention: Scott Caldwell
- Mindfulness-Based Stress Reduction: Michael Goldman
- The Power of EMDR in Problem Gambling Treatment: Doug LaBelle

1:00pm - 2:30pm Keynote

• Take Me Out to the Inning

Saul Malek, Public Speaker, Dallas, TX

Saul Malek explores the consequences of live sports betting with his keynote, "Take Me Out to the Inning." Saul's personal experience, research, and observations come together to create an engaging presentation that will benefit treatment providers, educators, and more.

2:45pm - 4:00pm: Workshops

- Reducing Expenses for Addiction Clients Some Budgeting Tips for Those in Recovery: Jerry Bauerkemper
- Money, That's What I (Don't) Want to Talk About: Andrew J. Schreier
- THURSDAY ONLY Random Odds: Futuring Skills for Problem Gambling Insights: Dr. James Schreier

Awards Banquet -Thursday 6:00 pm - 9:00 pm

Special Presentation During the Awards Banquet Trinity Irish Dancers

Facilitated by Jim Harrison, MS, CSAC, LPC, ICGC-II, and BACC

It is often expressed to our clients that there are many "recovery activities one can be part of that are not specifically recovery related activities." Cultural diversity and ethnicity training and activities can be part of one's new recovery program. Members of the audience will have the opportunity to be part of an Irish dance group and taught some of the dances. This activity will allow them to immerse themselves in the culture.

Friday, March 15, 2024

7:00am-4:00pm 8:00am 8:00am-9:15am 9:15am-9:30am 9:30am-10:45am 10:45am-11:00am 11:00am-12:15pm 12:15pm-1:00pm 1:00pm-2:30pm 2:30pm-2:45pm 2:45pm-4:00pm

Registration Open

Welcome

Keynote #3

Break

Workshops #4

Break

Workshops #5

Lunch

Keynote #4

Break

Workshops #6

8:00am: Welcome

 Rose Blozinski, Executive Director of the Wisconsin Council on Problem Gambling

8:00am - 9:15am: Keynote

 Rules of Engagement: Engaging Military and Veteran Clients into your Clinical Practice

Dr. Heather Chapman, Clinical Psychologist, Ph.D., ICGC-II, BACC, Cleveland VA Medical Center Gambling Treatment Program, Cleveland, OH

As the local experts in gambling care, providers with gambling treatment expertise are an essential resource for veteran and military-affiliated clients. For counselors, understanding military culture increases treatment efficacy, better meeting the needs of this population. Further, the Department of Veterans Affairs (VA) aims to decrease barriers for care, ultimately improving outcomes.

This presentation will provide attendees with an overview of these cultural competencies, ways to connect with VA facilities, and ultimately improving treatment engagement and outcomes for our veteran and military affiliated clients.

The WCPG's public awareness campaign is funded in part by the Wisconsin Department of Health Services, Division of Care and Treatment Services.

The Wisconsin Council on Problem Gambling would like to thank Potawatomi Hotel & Casino for their ongoing support.

9:30am - 10:45am: Workshops

- Reducing Expenses for Addiction Clients Some Budgeting Tips for Those in Recovery: Jerry Bauerkemper
- Effectively Addressing Teen Gambling: Screening and Brief Intervention: Scott Caldwell
- The Link Between Problem Gambling and Trauma: Clinical Implications: Dr. Heather Chapman

11:00am - 12:15pm: Workshops

- The Power of EMDR in Problem Gambling Treatment: Doug LaBelle
- Spoken Into Existence: Effective and Engaging Youth Gambling Education: Saul Malek
- Money, That's What I (Don't) Want to Talk About: Andrew J. Schreier

1:00pm - 2:30pm: Keynote

 The 10 Smartest Things Counselors and Programs Can Do to Promote Recovery

Mark Sanders, LCSW, CADC, On The Mark Consulting, Chicago, IL

In this presentation you will learn 10 smart things you can do to help facilitate lasting recovery, including incorporating science, treating trauma, moving beyond "talk therapy", learning from history, treating cooccurring conditions, utilizing a public health approach, learning from the best programs, tailoring treatment to meet the needs of a diversity of clients, applying lessons from cancer treatment applied to process, and substance use disorders treatment.

2:45pm - 4:00pm: Workshops

- The Hidden Addiction, What That Really Means to Families: Gayle Bigsby & Pat Jirovetz
- Mindfulness-Based Stress Reduction: Michael Goldman
- FRIDAY ONLY—Effective Co-Occurring Disorders Treatment: Mark Sanders

Thursday and Friday Workshops

The following is a list of the workshops and their descriptions that will be presented throughout the Conference. The scheduled times are listed on the previous pages.

Reducing Expenses for Addiction Clients - Some Budgeting Tips for Those in Recovery

Jerry Bauerkemper, BS, CCGC, Problem Gambling Services Consultant - Iowa Problem Gambling - Iowa Problem Gambling Services, Galveston Island, Tx

This workshop will help counselors begin to identify and incorporate budgeting tips for those clients in recovery but who may not want to complete a budget process.

The Hidden Addiction, What That Really Means to

Gayle Bigsby, Retired Addiction Counselor, Oshkosh, WI, & Pat Jirovetz, ATRL, LPC, ICGC-II, Creative Calm Counseling, Oshkosh, WI

As the number of gamblers increases so does the number of families affected by the addiction. Gambling addiction causes severe financial issues, psychological issues, and emotional problems for the families. This affects trust and the functioning of the family. This presentation will explore the devastation this causes for the families. We will hear the personal story of the wife of a gambler and look at how gambling changes the family roles.

Effectively Addressing Teen Gambling: Screening and Brief Intervention

Scott Caldwell, MS, CSAC, Madison, WI

Because of the prevalence of problem gambling among teenagers, effectively addressing teen gambling should be a routine part of adolescent behavioral health treatment services. In this session, participants will learn how to administer, score, and interpret a well-established screener for teen gambling (the SOGS-RA), then how to have an efficient yet powerful change conversation using a brief intervention protocol. The case will be made for how this approach provides an excellent developmental fit with adolescent treatment.

The Link Between Problem Gambling and **Trauma: Clinical Implications**

Dr. Heather Chapman, Clinical Psychologist, Ph.D., ICGC-II, BACC, Cleveland VA Medical Center Gambling Treatment Program, Cleveland,

Problem gambling often co-occurs with other mental health issues, including trauma and post traumatic stress. Though we didn't initially understand this cooccurrence, recent studies have begun to uncover this relationship and why those who have experienced trauma are particularly vulnerable to developing a gambling problem. This presentation will review the nature of the problem or co-occurring trauma and gambling disorder as well as outlining clinical implications for best practice care.

Mindfulness-Based Stress Reduction for Compulsive Gamblers

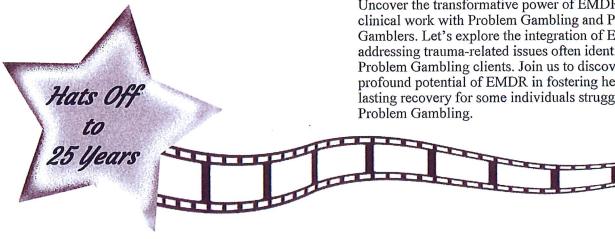
Michael Goldman, MA, LPC, CRADC, PCGC, CEAP, SAP, Glenview, IL

MBSR was developed by Jon Kabat-Zinn in 1979. He took some Eastern philosophies and practices and incorporated them into his pain clinic in Massachusetts. He found that MBSR significantly helped patients cope better with chronic physical and emotional pain. This discipline has been used widely by other clinicians in assisting people with chemical dependency and other process addictions. This training will cover these philosophies and practices while providing practical demonstrations of how it works.

The Power of EMDR in Problem Gambling Treatment

Doug LaBelle, LCSW, ICGC-II, CEAP, Kenosha,

Uncover the transformative power of EMDR in your clinical work with Problem Gambling and Problem Gamblers. Let's explore the integration of EMDR into addressing trauma-related issues often identified in Problem Gambling clients. Join us to discover the profound potential of EMDR in fostering healing and lasting recovery for some individuals struggling with Problem Gambling.



Thursday and Friday Workshops Continued

• Spoken Into Existence: Effective and Engaging Youth Gambling Education

Saul Malek, Public Speaker, Dallas, TX

Harvard professor Dr Howard Gardner once said, "Stories constitute the single most powerful weapon in a leader's arsenal." While Gardner addressed these words to the corporate world, they also set the foundation for inspiring young people. Through his gift of storytelling, 25 year old Saul Malek has been invited to educate students nationwide on gambling. In this presentation, Saul shares the art of telling stories that not only inform young people, but engage them. Through Saul's CATL theory, attendees will become fluent in "Communicating At Their Level" and will gain confidence in educating and inspiring the next generation.

Effective Co-Occurring Disorders Treatment

Mark Sanders, LCSW, CADC, On The Mark Consulting, Chicago, IL

Topics covered in this skill-building workshop include:

- A brief history on the two track system for addressing mental illness and addiction.
- The challenges of accurate diagnosis.
- Six hidden psychiatric disorders common among clients with co-occurring disorders.
- The interaction between mental illness and process/substance use disorders for clients with co-occurring disorders.
- The parallel mental health person center recovery movement and the recovery oriented systems of care movement.
- The strengths and weaknesses of sequential, concurrent, and integrated co-occurring disorders treatment.
- Ten aspects of integrated co-occurring disorders treatment.
- Evidence based approaches for addressing co-occurring disorders treatment.
- Best practices in increasing medication compliance, family involvement, and peer based mutual aid attendance.

Money, That's What I (Don't) Want to Talk About

Andrew J. Schreier, ICS, CSAC, LPC, BACC, ICGC-II, Community Medical Services & New Life Resources, Inc., Menomonee Falls, WI

Money is an essential part of our daily lives. With money often being a high value of importance, it can also become a source of distress. While this is something that can happen to everyone, it is particularly important to address finances when it comes to substance use and mental health.

Treatment and recovery of gambling focuses particularly on the need to address finances. This comes with difficult conversations, addressing debt-related issues, planning when it comes to managing money, and dealing with the impact gambling has on others. One barrier to addressing finances with an individual seeking help is a professional's own discomfort with the topic.

What are the boundaries when it comes to giving financial advice? How do I address their financial issues when I struggle with money? What is my responsibility when it comes to addressing the impact of finances when dealing with gambling, substance use, and mental health? It is a necessity and opportunity for growth for professionals to address their comfort with the topic of money and assisting patients in financial recovery.

• Explore the Consequences: A Person-Centered Approach

James Schreier, Ph.D., SPHR, Independent Consultant, Beyond the Far Cliffs, West Allis, WI

In a highly experiential format, participants will learn and practice how the Implications Wheel strategic exploration process can be used to explore issues with individuals and groups. Using a variety of situations involving youth, seniors, sports, workplace, and internet gambling, participants will 1) Identify potential positive and negative implications and see them in a connected, consequential way. 2) Identify the consequences of a decision with a process that encourages self-discovery and allows the client to see the decision from other "points of view". 3) Experience a process that 96% of participants report resulted in identifying implications "they would not have thought about on their own?" This program will give you the experience and resources to implement this process — and includes detailed, reproducible materials to use the tool.

• Ethics and Boundaries in a World of Technology

Jeanne Wagner, MSW, LCSW, University of Milwaukee, Milwaukee, WI

The management of ethics, boundaries, and confidentiality in a world of constantly emerging technology and social media is especially challenging for human service professionals. This workshop will address the technology challenges encountered during the provision of human services. Strategies will be discussed utilizing current best practices from professional literature.

TWENTY-FIFTH ANNUAL WISCONSIN COUNCIL ON PROBLEM GAMBLING STATEWIDE CONFERENCE

(Only one person may register per form. Please photocopy for additional registrations. PLEASE PRINT CLEARLY) **If there are 3 or more people attending from one organization each will receive \$10 off their registration fees**

Name:			Pre-Registration Is Required.	
Title:			Registration Checklist: Please have the following completed for your Conference Registration: Completed application form	
Organizatio	on:	Cor		
Address: _			Meal selection (Regular/Vegetarian) Awards Banquet attendance	
City/State/2	Zip:		Ethics attendance (check box below if attending) Membership submission if desired	
County:		_Pnone: —	Payment	
Email:			EAP Continuing Education	
Meals:	Regular	□ Vegetarian		
□ I will att (The Full Co	end 🗆 nference and	ET: Thursday, March 14, 2024 6:00pm - 9:00 I will not attend	uet Guest	
RATES BEFORE 2/15/24:	RATES AFTER <u>2/15/24:</u>	Please check if you plan to attend Ethics: □	Your WCPG Bronze level or higher Membership saves you money:	
□ \$35.00	□ \$40.00	Pre-Conference Ethics -Workshop Only (March 13, 8:00am-12:00pm) "Ethics and Boundaries in a World of Technology" - Jeanne Wagner	Renew your Bronze Membership or join now and save \$35 off Full Conference Registration!	
		INCLUDED IN FULL CONFERENCE REGISTRATION	Membership Fee: \$ (\$75.00 or more for discount)	
□ \$30.00	□ \$35.00	Pre-Conference (March 13, 12:30pm-4:30pm) "Assessing Suicide Risk and Treating Depression for Compulsive Gamblers" - Michael Goldman	Conference Fee: \$	
□ \$50.00	□ \$55.00	Pre-Conference (March 13, 9:00am-4:00pm) "How to Supervise Gambling Counselors for Improved Outcomes" - Jerry Bauerkemper	Membership Discount: (<u>\$35.00</u>) TOTAL Enclosed: \$	
□ \$150.00	□ \$175.00	Full Conference Rate (NOT INCLUDING PRE-CONFERENCE)	Please make check or money order payable to: Wisconsin Council on Problem Gambling, Inc. (WCPG) Mail to: 1585 Allouez Avenue Green Bay, WI 54311 Now accepting online registration and credit card payments!	
□ \$175.00	□ \$205.00	Full Conference AND Pre-Conference presentation "Assessing Suicide Risk and Treating Depression for Compulsive Gamblers" - Michael Goldman		
□ \$195.00	225.00	Full Conference AND Pre-Conference presentation "How to Supervise Gambling Counselors for Improved Outcomes" - Jerry Bauerkemper		
□ \$100.00	□ \$125.00	Thursday Only OR Friday Only (Please circle choice)	Please include your email address when registering. We will email all	

- All rates include breaks.
- Lunch included with Thursday and Friday registration.
- **EARLY REGISTRATION DEADLINE IS FEBRUARY 15, 2024**

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correspondence and CEU Certificates.

If you register without an email address, you will receive correspondence via mail to the address provided.

Wisconsin Council on Problem Gambling, Inc.

For help: Call: 1-800-426-2535 Text: 1-850-888-4673

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U.S. Postage

1585 Allouez Ave. Green Bay, WI 54311 Phone: (920) 437-8888



"Celebrating 30 Years Through Awareness, Education, and Prevention"

Who Should Attend?

- Persons involved in problem gambling research, treatment and/or prevention
- Criminal Justice Personnel
- Employee Assistance Personnel
- Mental Health Professionals, Social Workers and Addiction Counselors
- Human Resource Personnel
- Elected and Non-Elected Tribal Officials
- Elected State and Municipal Officials
- Gaming Industry Personnel
- Educators and Students
- Clergy
- Problem/Compulsive Gamblers
- Friends and Family Members of Problem/ Compulsive Gamblers

Why Should You Attend?

The Wisconsin Council on Problem Gambling, Inc. Annual Statewide Conference is a wonderful opportunity to bring together a great variety of people who have contact with problem gamblers in Wisconsin. This annual event provides connections to some of the leading experts in the gambling disorder treatment field. The conference is designed for anyone concerned about problem gambling in Wisconsin, including those active in treating, preventing, or researching gambling disorders.

MISSION STATEMENT: The Wisconsin Council on Problem Gambling, Inc. provides resources, public awareness, and education on gambling disorders while maintaining strict neutrality on the issue of legalized gambling.